

## COMPOSITE FOR TREATING DIABETES

## TECHNICAL FIELD

The present invention relates to a composite for treating diabetes of which the effective component is an egg containing a high amount of iodine.

In the prior art, internal medicines for treating diabetes are synthetic blood sugar lowering agents, which includes sulphonyl urea agents such as tolbutamide and biguanide agents such as phenformin. However, as the synthetic medicines meet problems in a practical effect and in adverse reactions, it is still expected to develop effective medicines for treating diabetes which are easily applicable and have no adverse reactions. On the other hand, a dietetic treatment is very important to cure diabetes, and it is generally said that medicines are supplementary means for the dietetic treatment.

## DISCLOSURE OF INVENTION

We, inventors, have made a variety of researches on the basis of such situation and viewpoint, and obtained the knowledge that it would be very effective in treating diabetes to administrate eggs containing much iodine for a given period. And, we completed the present invention in accordance with the knowledge.

Namely, an object of the present invention is to provide a composition for treating diabetes which is stable and effective in promoting insulin secretion without any adverse actions. And, the feature of the present invention is that eggs containing much iodine are used as an effective component of the composition or composite.

According to our investigations, there is no report that iodine or composites containing iodine are effective in treating diabetes, so that the present invention may be called as a pioneer invention.

## MODE OF CARRYING OUT THE INVENTION

Eggs containing a high amount of iodine used in the present invention are usually obtained as follows;

Namely, an iodine compound and/or a seaweed containing much iodine are mixed into a feed in excess of a fixed quantity, and then the feed is given or dosed to egg-laying birds in order to increase the iodine content of egg. The iodine compound includes calcium iodate, potassium iodate, sodium iodate, potassium iodide, sodium iodide, cuprous iodide, thymol iodide, calcium iodobehemate, diiodo salicylic acid, calcium periodate. The seaweed includes a wakame, a kombu and the like.

In the case of the present invention, calcium iodate is the most desirable iodine compound, and it is further preferable to use calcium iodate together with the seaweed such as kombu. The dosage amount of iodine is varied dependently on the kind of egg-laying birds such as a hen, a quail and so on. In the case of hens, assuming that one head of hen ingests a feed of about 100 g per day, the iodine is mixed so that the iodine content of the feed may be 50 to 2,500 ppm.

Thus, as a result of dosing the iodine compound or seaweed to egg-laying birds, eggs containing much iodine are produced after about a week. For example, in the case of egg-laying hens, where the feed containing iodine of about 50 ppm is fed, eggs containing iodine of about 300  $\mu$ g per egg are produced. And where the feed containing iodine of about 100 ppm is used, eggs containing iodine of about 600 to 800  $\mu$ g per egg are produced.

The eggs containing much iodine may be used as the composite for treating diabetes under the non-processed state. They also may be used after a suitable process, for example, drying, concentrating, powdering or granulating processes. They further may be used in the form of an extract, a tablet or powdered medicine by mixing with a variety of mas or bonding agents. Furthermore, they can be used in the form of drinkable, syrup or emulsion.

We ascertained that it is clinically effective to administer the eggs containing a high amount of iodine so that the total iodine content may be 500 to 2000  $\mu$ g per day. Therefore, where hen's eggs of which the iodine content is about 500  $\mu$ g to 1000  $\mu$ g per egg are used, the composite of the invention can be ingested very easily and continuously in a daily life, because the number of eggs to be eaten is only one or two per day. And, the composite is preferably administrated for over three consecutive weeks, because it does not have an immediate effect but an slow effect.

The result of an acute virulence test of the composite is summarized as follows:

Acute Virulence Test

Animals used:	Rats, Wister descent	Sex:	Female
Weight:	100 to 110g	Number:	10 heads

In this test, powdered egg containing much iodine was used, and it was orally dosed to the rats at a dosage increased in geometric ratio to the maximum of 50 mg of iodine amount per kg of the rat's weight, and then the rats were observed after seven days. In the result, none of the rats died nor even lost their weight. Thus, the composite of the present invention was proved not to have any acute virulence.

Then, we made clinical experiments of the composite on the effect for treating diabetes. The result of them are as follows:

## Clinical Experiment 1

Eggs of the example 1 mentioned later which contain iodine of 500 to 600  $\mu$ g per egg were dosed to a male diabetic patient of forty-eight years old at the rate of three eggs per day for twenty-four days. The patient was put on a restricted diet through the above period, and synthetic medicines for diabetes were not dosed at all.

Blood sugar value, urine sugar value and insulin amount were determined both before dosing and after dosing. The composite of the invention was proved to have a very remarkable effect as shown in Table 1.

TABLE 1

	Blood sugar mg/dl	Urine sugar g/dl	Insulin $\mu$ U/ml
<u>Before dosing</u>			
Before a Meal	309	1.5	11
30 minutes after a meal	371	2.0	15
60 minutes after a meal	456	6.0	11
120 minutes after a meal	425	8.0	10
180 minutes after a meal	440	6.0	11
<u>21 days after dosing</u>			
Before a meal	104	0	19
30 minutes after a meal	97	0	24
60 minutes after a meal	163	0	53
120 minutes after a meal	109	0	33